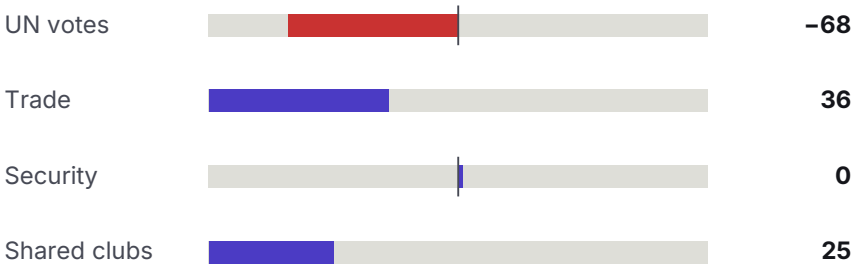
Poland & Russia

−13

Distant

Relationship index, −100 to +100. Votes and security run from −100 to +100; trade and shared clubs from 0 to 100.

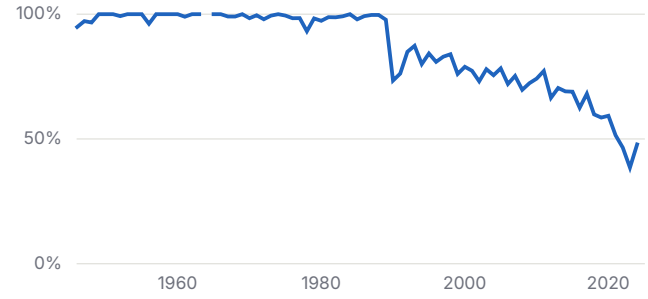


IN SHORT

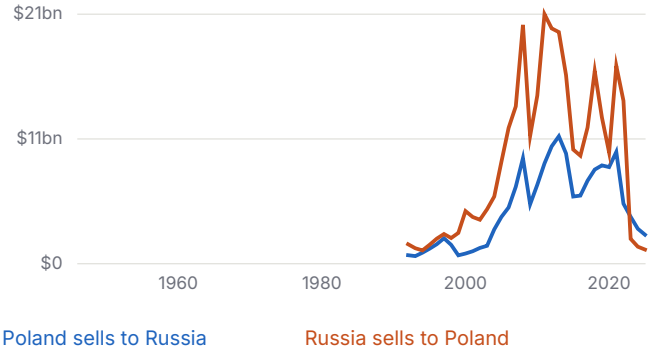
- At the UN their vote agreement is 44% (2022–2024), among the lowest either of them has with any country.
- Trade in goods ($4.7 billion a year) is modest for Russia, and about as important for Poland.
- In its UN General Debate speeches, Poland names Russia far more often than the reverse (401 sentences against 30).
- 16,000 people born in Russia live in Poland (UN DESA counts place of birth, however long ago they moved). A separate count, by UNHCR: 5,600 refugees and asylum seekers from Russia in Poland; the two counts measure different things and are not added up.

OVER TIME

Share of recorded UN votes cast the same way

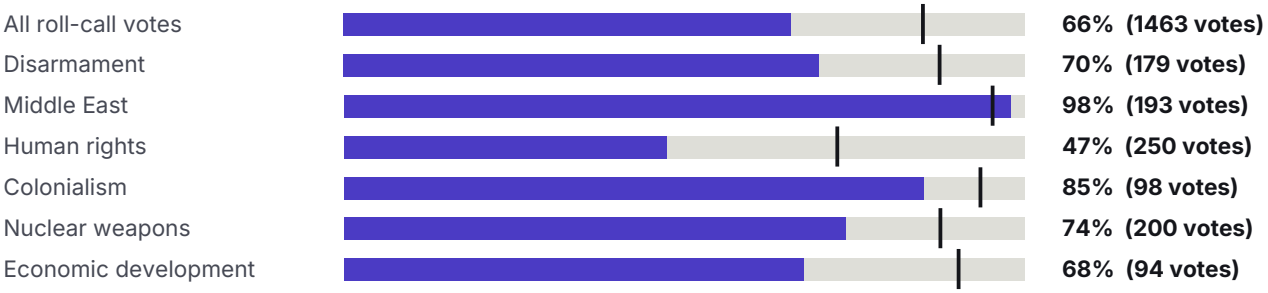


Goods exports each way (US dollars)



VOTES TOPIC BY TOPIC (SINCE 2010)

Most alike on Middle East (98% of votes the same), furthest apart on human rights (47%), against 66% on all votes since 2010.



Bar: since 2010. Mark: all years. Share of roll-call votes on whole texts cast the same way, counted vote by vote; an abstention against a yes counts as a difference. Disarmament, colonialism and economic development count votes up to 2018.

THE FACTS

UN votes	At the UN, the vote agreement of Poland and Russia was 44% in 2022–2024. For Poland, Russia is the 5th most distant voting partner out of 191; for Russia, Poland is the 57th most distant partner.
Trade	Trade in goods between them averaged $4.7 billion a year in 2023–2025: 0.6% of all Poland's trade and 0.7% of Russia's.
Words	Since 1946, Poland has named Russia in 401 sentences of its General Debate speeches; Russia has named Poland in 30.
Security	No armed conflict between the two governments is recorded since 1946 (UCDP, data to 2025).
People	9,600 people born in Poland live in Russia and 16,000 born in Russia live in Poland (2024, UN DESA).
People	Their national football teams have met 16 times.

HOW SURE WE ARE

UN votes	**High**	271 shared votes on whole texts in 2022–2024, the years the headline share covers. With that many, a share is good to about ±6 points.
Trade	**High**	Goods trade is reported in 3 of the 3 years 2023–2025. Goods only, from customs data (IMF); services and energy pipelines are not in it.
Security	**High**	The Uppsala Conflict Data Program covers every state up to 2025. It counts only conflicts with at least 25 battle deaths a year.
Shared clubs	**High**	The list of tracked groups is fixed; membership is checked by hand.
Index	**High**	As sure as the weaker of its two required parts, votes and trade. Security and shared clubs add to it but never make it surer.

SOURCES AND HOW TO CITE

UN votes, speeches, mentions and trade: Nations on Record (UN General Assembly voting data, UN General Debate Corpus, IMF International Trade in Goods). Armed conflict: Uppsala Conflict Data Program, version 26.1. Migration: UN DESA International Migrant Stock 2024. Refugees: UNHCR. Football: international results archive (CC0). Every score follows fixed rules written out on /method; AI never sets a score. Independent and non-commercial; not affiliated with the United Nations.

Cite as
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